

System of Care

AWARENESS

A System of Care (SOC) is a coordinated network of community-based services and supports that are organized to meet the challenges faced by youth with serious mental health needs and their families.



Mental Health Defined As:

How children (birth to 12 years) and adolescents (13 to 22 years) think and feel as they face the challenges of life.



1 in 5 children have a diagnosable mental health or addictive disorder that affects their ability to function

Affecting their ability to:

- Handle Challenges
- Learn and Progress
- Form Friendships
- Make decisions in their lives

Why do we need a System of Care?

A System of Care brings community providers together in order to provide a team-based coordinated support and treatment plan that will meet the needs of youth who are involved with multiple "systems".

Children with extraordinary needs will be able to remain in a home setting by increasing the family and child's ability to meet needs independently.

* Systems include mental health, child welfare, juvenile justice and special education.

System of Care Guiding Principles

- Community Based
- Family Driven
- Trauma Informed
- Strength Based
- Collaborative
- Culturally Competent
- Individualized
- Outcome Based
- Youth Guided

How is a SOC determined successful?

#1

Communities

Develop a collaborative System of Care that will:

- Meet unique mental illness/substance use treatments
- Support the needs of families

Each community's system of care will be built upon a foundation of family strengths, local provider expertise and community resources.

Composed of a comprehensive network of services and supports that are:

- Youth-Guided
- Family-Driven
- Easily Accessed
- Uniquely tailored to meet the needs and preferences of youth and families



#2

Families

Access to:

- Mental illness treatment
- Substance use treatment
- Support services provided

Feel:

- Important
- Valued
- Understood
- Part of their family member's journey of care

#3

Youth

Feel fully engaged in leading their plans to wellness.

Know about, seek and receive community based services and supports that are available.

Meet their challenges while enhancing their strengths and improving their quality of life.

Source:

<http://www.soc.gov/features/childrensmenhealth/>
<http://www.gov.wa.gov/health/214.htm>
<http://www.southwestm.org/child/>

www.facebook.com/facesoc

www.twitter.com/faces_soc



www.faces-soc.org

