



## Youth Day Treatment

### **Our Mission:**

To provide psychiatric partial hospitalization treatment for children, Kindergarten through sixth grade, who are diagnosed as having a serious emotional disorder.

### **Our Goals:**

1. To provide intensive, effective treatment to assist children reach their maximum level of functioning.
2. Prevent the need for more restrictive placement.
3. Facilitate diagnosis of complicated, severe psychiatric disorders as needed.

### **Our Services:**

Psychiatric partial hospitalization program including individual and group skills training; therapeutic education milieu; psychiatric, psychological and social services as needed; family support group; individual and family therapy provided through Outpatient Services.

### **Our Vision:**

To assist each child acquire the necessary behavioral and academic skills needed to return to the least restrictive learning environment possible.

### **Behavioral Skills Development:**

Self-regulation of behavior is the shared goal of Southwestern Behavioral Healthcare, Inc. and the Evansville Vanderburgh School Corporation staff. This is emphasized many times daily within therapeutic and academic programs. A Behavior Management Protocol is utilized that is designed to help improve children's self-esteem and at the same time learn self-discipline and appropriate interpersonal skills. It is hoped that as a result of this system of incentives and consequences, children will attain the maximum benefit from attending the Youth Day Treatment Program.

### **Admission:**

Children must be recommended for placement following a school case conference. Children must be receiving services for Seriously Emotionally Handicapped students in a public school but are in need of more intensive therapeutic services. Children must be open clients with Southwestern Behavioral Healthcare, Inc.

For more information, contact Elizabeth Fallen, Coordinator of School Based Mental Health Services.

*...Caring For Our Communities*

101 North Barker Ave. Evansville, IN 47712  
(812) 426-2499  
[www.southwestern.org](http://www.southwestern.org)