



Serving residents from Vanderburgh, Warrick, Posey and Gibson counties

Mission: Promote mental health awareness through advocacy and service

Right now, one in four people in the US are living with a treatable mental health condition.



All MHA programs are offered at no charge to the recipient

Support Groups

Bi-weekly groups led by trained peer facilitators and mental health professionals:

- Anxiety 1st & 3rd Wednesday/month
7:00 pm at the Deaconess Resource Center on Mary Street

- Bipolar 1st & 3rd Wednesday/month
7:00 pm at St. Mary's on the 3rd floor of the Rehab Institute

- Survivors of Suicide For adults who have lost a loved one to suicide
1st & 3rd Monday/month
6:30 pm at Methodist Temple Church; 2nd floor, 3rd room on right

Supplemental Medication Program

Supplies an emergency 30 day supply of some psychiatric medications to uninsured adults (18+)
Applicants must be seen by Echo Clinic social worker to fill out paperwork

Information & Referral

Phone and email assistance to community members regarding local mental health resources

Community Education

Participation in Health Fairs, member of various community coalitions and task forces
Deliver workshops/trainings/lectures on mental health and related issues

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